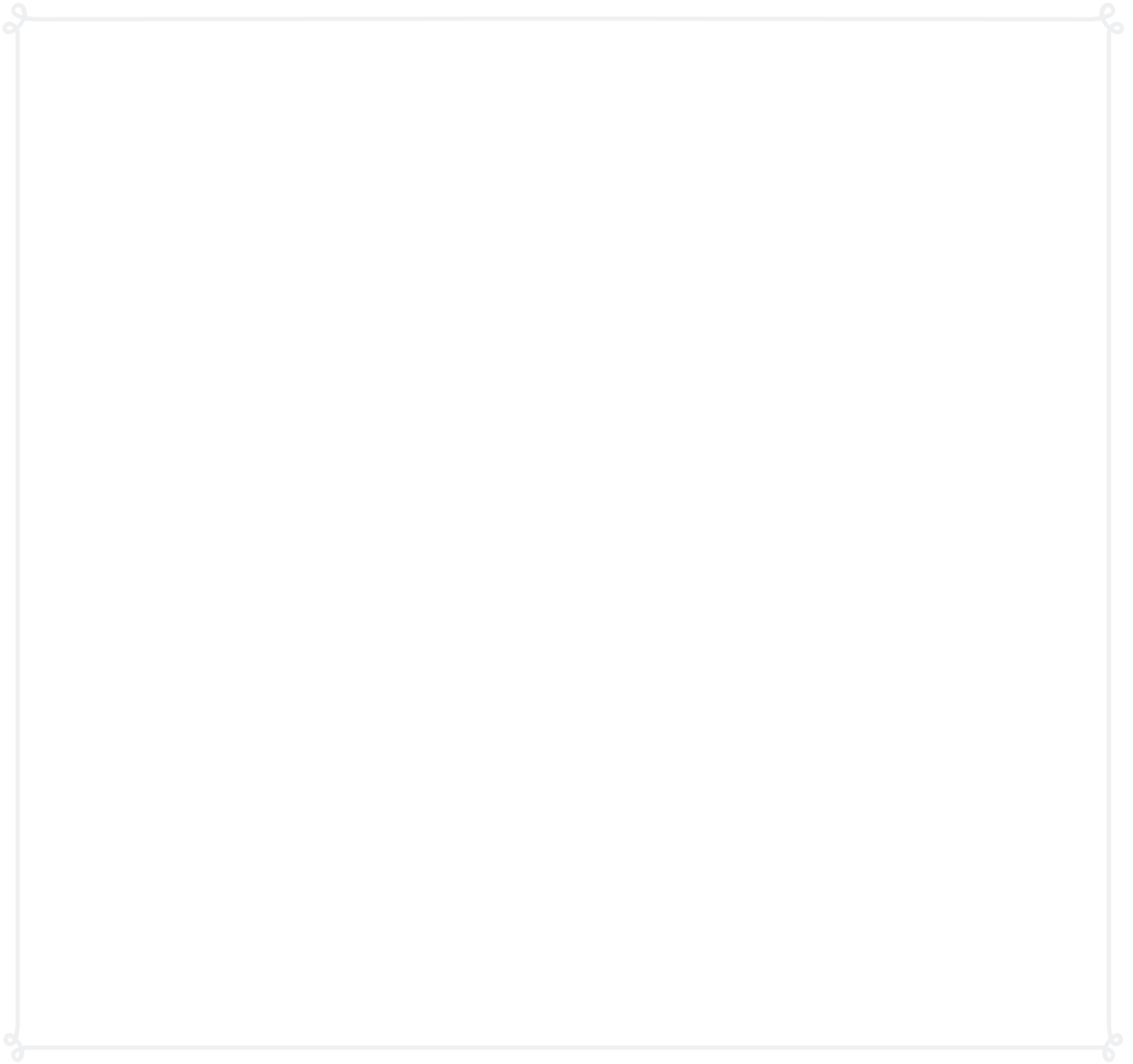


The Start Of Your New Relationship



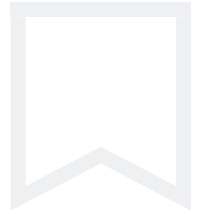
Mairead- "Beware of destination addiction. The idea that your happiness is the next place, the next partner, the next job.

Until you give up the idea that happiness is somewhere else, it will never be where you are."

Love HQ



Mairead Loughman, Matchmaker and Dating Specialist



The 3 Stages of Love

Romantic

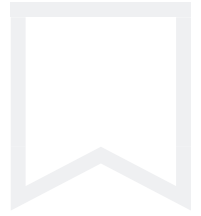
Large empty rectangular box for notes under the 'Romantic' stage, with decorative corner markers.

Power Struggle

Large empty rectangular box for notes under the 'Power Struggle' stage, with decorative corner markers.

Real Love

Large empty rectangular box for notes under the 'Real Love' stage, with decorative corner markers.



Meeting Friends and Family for the First Time

A large, empty rectangular box with a light gray border and decorative corner ornaments, intended for notes related to the first section.

Talking about the "Big Stuff"

A large, empty rectangular box with a light gray border and decorative corner ornaments, intended for notes related to the second section.

Saying "I Love You"

A large, empty rectangular box with a light gray border and decorative corner ornaments, intended for notes related to the third section.



The Freak Out

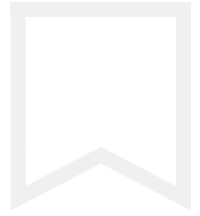
A large, empty rectangular box with a light gray border and decorative scrollwork at the corners, intended for notes related to the 'The Freak Out' section.

Remembering to Stay Feminine/ Being Best Self

A large, empty rectangular box with a light gray border and decorative scrollwork at the corners, intended for notes related to the 'Remembering to Stay Feminine/ Being Best Self' section.

Love HQ



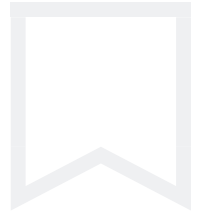


Boundaries

A large, empty rectangular box with a light gray border and decorative corner ornaments, intended for writing notes related to the 'Boundaries' section.

Texting

A large, empty rectangular box with a light gray border and decorative corner ornaments, intended for writing notes related to the 'Texting' section.



Evaluating the Relationship

Red Flags/ First Agrument

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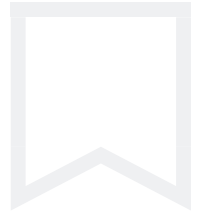
Should We Break Up?

A large, empty rectangular box with a light gray border and decorative corner ornaments, intended for a response to the question above.

Dating People with Children/ Very Busy Lifestyles

A large, empty rectangular box with a light gray border and decorative corner ornaments, intended for a response to the question above.





Notes

A large, empty rectangular box with a light gray border and decorative corner ornaments, intended for taking notes.

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